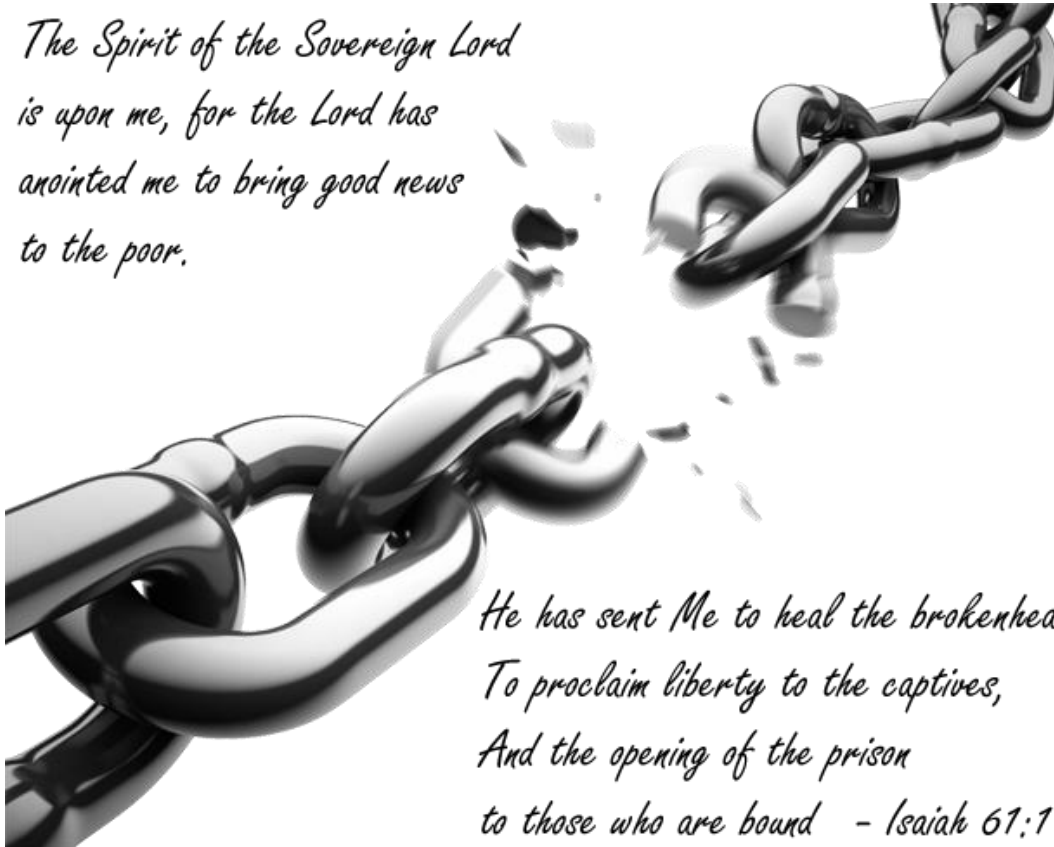


# **‘Unclean Spirits’**

## **Inner Healing and Deliverance Prayers**

*The Spirit of the Sovereign Lord  
is upon me, for the Lord has  
anointed me to bring good news  
to the poor.*



*He has sent Me to heal the brokenhearted,  
To proclaim liberty to the captives,  
And the opening of the prison  
to those who are bound - Isaiah 61:1*



[www.christianconnection.co](http://www.christianconnection.co)  
[info@christianconnection.co](mailto:info@christianconnection.co)

By Tania Francis

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***\*\*\*\*Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.***

***All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.***

**Prayer of Protection:** “Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word.”

**Please Note** - *Many of our prayers as an added precaution will include the term ‘ancestors’ to cover any sins that they may have participated in that you are unaware of.*

**Cursed Womb** - There are many different reasons for the womb being cursed. The Lord revealed that there was a curse over my womb and then showed me how to break it. I had been having heavy duty irregular bleeding over the course of three years – at times debilitating. He revealed there was an unclean spirit involved due to cannibalism in my generational bloodline. Through revelation from the Holy Spirit there had been abortions in my bloodline, as well as ancestors who deliberately became pregnant to sacrifice the children to other gods and then ate them (including the placentas). He then showed me that another reason I and many woman have a cursed womb is because of the reference to the monthly period as a curse. I have heard many a person refer to it as a 'curse'. This is what the Holy Spirit spoke to me; ***"Periods are the body's way of cleansing itself. It is a natural process. A woman was unclean when she was menstruating because her impurities were been cleansed from her very being. The uncleanness was the impurities, not the act of menstruation. All things start as babies, grow into adulthood, mature, ripen and age, ending with death. This is nature's biological clock. The body naturally slows with age. The period is nature's way of aiding in the regeneration process. This regeneration process slows down in old age. Menstruation will cease as a natural part of this process, as the cells regeneration process slows down. The period is part of the life-cycle of mankind. It is natural. It is God's way of multiplication. The period is part of God's plan. It is not a curse. It a gift from God in order to procreate, and for all woman to be physically cleansed from a build-up of old cells due to the regeneration process. This was to keep the uterus healthy in order to conceive children. To be called a curse is an insult to God who created it for a blessing.***

***Barrenness is a curse over one's life that yields unproductiveness and is an open door to bring destruction and desolation to all areas of your life. Everything that is born from the cursed womb will carry the curse of barrenness".***

After receiving these revelations I was emailed by a lady who had suffered multiple miscarriages and unable to carry full term. She was pregnant when she emailed and was terrified of losing this baby. The Lord revealed to me that her ancestors had sacrificed babies to other gods and repentance was needed. I emailed her a prayer and many months later she emailed me photos of her healthy baby boy.

**(PRAYER)** - "Father God I repent on behalf of my bloodline for all abortions. I repent also for the sacrifices of babies and children to Molech and other gods. I repent for all the people in my bloodline who deliberately used their wombs for the use of becoming impregnated for the purpose of baby sacrifice. I repent for the partaking of eating human flesh including placentas which is cannibalism. I repent for all reference to the monthly period as a curse. I repent for defiling the womb by partaking in sexual sin and I repent for all sexual acts whilst menstruating. I repent for any blame and unforgiveness toward You when there were miscarriages and deaths of children. I break every curse that has been put upon my womb to never bear children in Jesus name. I forgive all those who have cursed my womb and bless them. Thank You Father for the blessing of the womb which you gave to all women as a gift to all mankind in order to procreate. I break the curse of barrenness of my womb and off the womb of all women in my bloodline. I break the curse of barrenness from all those who were born from the cursed wombs in my bloodline. I bless all those who were born from cursed wombs and declare fertility, fruitfulness, and productiveness in all areas of their lives in Jesus name. Every disease, unclean spirit, and imbalance that affects the entire reproductive system of all men and woman in my bloodline I now command to leave in Jesus name. I pray for cleansing, blessings and restoration of the reproductive organs of all those within my family bloodline in Jesus name. I now declare and decree a blessing over my womb and declare that it will bear fruit in Jesus name. I command the spirit of death to leave my womb and every baby that has been and will be birthed from my womb in Jesus name. Thank You Lord Jesus, Amen."

**Perverse Spirit** – The word perverse in Greek is translated as διαστρεφω (**diastrepho**) and means to oppose, plot against the saving purposes and plans of God. To turn aside from the right path, to pervert, corrupt. Perversity is a state of being wilfully determined to go counter to what is expected or desired. The perverse spirit can connect to the sex drive at puberty which can then awaken perversion. In some people there may be a guilty pleasure one secretly takes in another's suffering.

**(PRAYER)** - "I repent in Jesus name for partnering with a perverse spirit. I repent for every act done that went against what was expected and/or desired of me. I am sorry for partaking of enjoyment in the sufferings of others. I command the spirit of perversity and all demons in operation with you to leave immediately in the name of

Jesus Christ. I release and partner with a contrite, compliant and malleable spirit in Jesus name".

**Defiling the Temple (House of God) - Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are (1 Corinthians 3:16-17, NKJV).**

***I write so that you may know how you ought to conduct yourself in the house of God, which is the church of the living God, the pillar and ground of the truth (1 Timothy 3:15, NKJV).*** The Holy Spirit dwells within us (which means we are the House of God), and also in the midst of a congregation of believers (His church) which is also known as a house of God. ***For where two or three are gathered together in My name, I am there in the midst of them (Matthew 18:20, NKJV).*** We need to conduct ourselves in a Godly manner at all times. When we are congregating with fellow believers (church) and entering into judging, criticism, disrespect and hypocrisy we are defiling the house of God by our conduct. When we have the living God within us and are entering into sinful practices we are also defiling the House of God. This can include what we speak (what comes out of a man defiles him; ***Matthew 15:11***), marking our bodies with piercings and tattoos to other gods, sexual immorality, alcoholism, drugs, idol worship, unclean thoughts, acts and many more.

**(PRAYER) - "Dear God please show me any practises I am doing that is defiling the House of God".** *(Write them down)* "Father God I repent and apologise for all sinful conduct and practices within the House of God which I have done that has defiled the Temple of the Holy Spirit. I specifically repent for *(name them)*. I command all unclean spirits that came as a result of defiling the Temple to leave immediately in Jesus name".

**Reviling Demons** – The Holy Spirit revealed to me that we must not treat demons flippantly or with mockery. We are not to honour them nor glorify them, but instead approach them with sober-minded caution and an awareness of their power - always under the covering and authority of God. They have been made more powerful and intelligent than mankind and without Gods protection and revelation we would completely defenseless. I have been told about many deliverance ministers who ended up deeply wounded and broken because they mocked, made fun of, and failed to approach the enemy with sober-minded caution.

***Yet Michael the archangel, in contending with the devil, when he disputed about the body of Moses, dared not bring against him a reviling accusation, but said, "The Lord rebuke you!" (Jude 1:9, NKJV).*** In this verse, three crucial words warrant our attention. The first word 'contending' underscores that the archangel Michael engaged in a direct confrontation with the devil, over the body of Moses. The other two significant words shows his reluctance, as he 'dared not' bring a 'reviling' accusation against him. Reviling is the act of verbally or harshly criticizing or insulting someone or something. It involves using abusive, offensive, or derogatory language to express

strong disapproval, contempt, or scorn. Reviling is a form of verbal abuse or harsh language and is often intended to demean, belittle, or hurt the feelings of the person or entity being reviled. It can take the form of name-calling, using profanity, or making hurtful and malicious remarks. Reviling is generally considered impolite, disrespectful, and offensive behavior.

Does that mean we can rebuke satan and evil spirits? The word rebuke means to express strong disapproval, criticism, or reprimand toward someone or something, often in response to unacceptable behavior, actions, or words. It involves scolding or reproaching in a firm or authoritative manner, with the intention of correcting or admonishing the individual or addressing the issue at hand. A rebuke is typically delivered to point out faults or errors, and it can be done for the purpose of offering guidance, discipline, or correction. Rebuking can take the form of verbal reprimands, expressions of disapproval, or admonitions. Jesus rebuked demons (**Mark 1:25**), illness (**Luke 4:39**), nature (**Mark 4:39**), and His disciples (**Matthew 17:17**). In summary, while both rebuking and reviling involve expressing disapproval or criticism, the key difference lies in the manner and intention. Rebuking is typically constructive and aimed at correction, while reviling is derogatory and hurtful, intended to insult or demean.

Why did Michael then say 'The Lord rebuke you' instead of 'I rebuke you'. I believe the reason for this is that angels are messengers sent by God for specific purposes and they are instructed to do exactly as God has asked. Michael was supposedly there to protect the body of Moses and the passage in Jude emphasizes Michael's reverence for God's authority, as he refrains from passing judgment on the devil and instead defers to God, saying, "The Lord rebuke you." This phrase underscores the ultimate authority of God in all spiritual matters. Regarding the authority of believers we see that Jesus gave us authority to deal with demons. This means rebuking them and casting them out (**Matthew 10:1**), (**Mark 6:7**), and (**Luke 10:19**). We see by Scripture and other ways in which Jesus dealt with demons that we need not converse with them, debate with them, or engage with them in anyway. We are called to simply break their holds by repentance through revelation from the Holy Spirit then cast them out. If they are playing up and causing a scene then you have authority to mirror what Jesus did by directly rebuking them and telling them to be silent in Jesus name.

**(PRAYER)** – “Dear God I repent for mocking, reviling, conversing and entertaining demons. I have not dealt with them correctly which may have resulted in unnecessary attacks and wounds on myself, my loved ones and our belongings. I pray in Jesus’ name that You would heal and restore all things that were attacked by demons because of my lack of spiritual discernment and improper handling of them Thank You, Amen.”

**Unclean, Profanity, Blasphemy** – Profanity is swearing and blasphemy is disrespectful utterance or action concerning God or sacred things, or taking God’s name in vain. The word unclean means foul, dirty, filthy and defiled. Someone with an unclean spirit may have bad habits and speak filth with their mouth, or they may appear clean on the outside, but unclean in their thoughts and have filthy habits in private. There were many laws that God gave His people in the Old Testament to keep



them healthy and free from disease. It included specific instructions on what animals could and couldn't be eaten as well as sanitary practices to avoid otherwise you could become unclean. I don't believe we can now become unclean from external practices such as touching someone who is unclean due to the righteousness and blood of Christ living within us. Only the power of God can cleanse those things which are unclean - Jesus Himself touched lepers and unclean people whom became healed. They could not contaminate Him and make Him unclean, nor can they externally contaminate us and make us unclean whilst the power of Christ is in us. **And as He spoke, a certain Pharisee asked Him to dine with him. So He went in and sat down to eat. When the Pharisee saw it, he marvelled that He had not first washed before dinner. Then the Lord said to him, "Now you Pharisees make the outside of the cup and dish clean, but your inward part is full of greed and wickedness. Foolish ones! Did not He who made the outside make the inside also? But rather give alms of such things as you have; then indeed all things are clean to you (Luke 11:37-41, NKJV).** We can still however defile ourselves and inherit an unclean spirit within our flesh when we enter into sin such as adultery, promiscuity etc....

**Now the Spirit expressly says that in latter times some will depart from the faith, giving heed to deceiving spirits and doctrines of demons, speaking lies in hypocrisy, having their own conscience seared with a hot iron, forbidding to marry, and commanding to abstain from foods which God created to be received with thanksgiving by those who believe and know the truth. For every creature of God is good, and nothing is to be refused if it is received with thanksgiving; for it is sanctified by the word of God and prayer (1 Timothy 4:1-5, NKJV).** In regard to food the word of God says that we need to pray and sanctify all food with thanksgiving before eating which keeps it clean. If we haven't done this each time it may be a good idea to repent for the eating of any food that has been sacrificed to idols and/or deemed unclean, and for eating without thanksgiving. The condition of our heart and what comes out of our mouth however is the thing that can defile us. **Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man" (Matthew 15:11, NKJV).** We can also still suffer serious disease and ailments when we don't abide by the moral law of God. **"If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you" (Exodus 15:26, NKJV).**

The Lord once showed me that being in the deliverance area that demons would spit at me frequently and cover me spiritually with defilement. I could even smell them when they would do this. It is a good idea periodically to ask the Holy Spirit to give you a spiritual shower to cleanse you from any defilement after you have repented for any unclean acts and practices.

**(PRAYER)** – "I ask the Holy Spirit to show me any unclean acts, habits, behaviour, practices and actions that need to be confessed and repented of" (*Write them down*). "I repent Father God in Jesus name for all unclean habits, acts, practices and actions including (*name them*). I repent for immoral conduct, lewd jokes, swearing, debaucheries antics and behaviour. I repent for unclean thoughts and spoken words. I

repent for all the times I have eaten food and not blessed it or thanked You for it. I repent also for the times I have spoken your name in vain and had disrespect concerning You God or sacred things. I break all holds and command all unclean, blasphemy and profanity spirits, and all demons with you to leave in the name of Jesus Christ. I release Holiness and Pureness in Jesus name”.

**Devils Playgrounds** – I was once listening to a man who was formerly a warlock (now a Christian) talk about how he would get sent by satan to nightclubs and bars to curse people. He named these places the ‘devils playground’.

Why would these places be called the ‘devils’ playground? These places are designed to appeal to the flesh. It is a place to go for hook ups, get drunk and dance to worldly music. (Not all worldly music is bad, but some is full of lyrics that are anti-Christ and even curses as you sing them). If you are entering into the devil’s domain, you can become a target for attack. The warlock I listened to was specifically sent by satan to target Christians in these places. These occult members will try and curse us by talking to us, specifically by asking questions to trap us into accepting curses. It may seem innocent but there is evil in their intent. If we accept or partner with what they are saying to us the curse will more than likely alight. If there was any sin such as debauchery, lust or drunken antics, then that would give satan double ammunition against us. We need to be on guard and not give the devil a place.

Does this mean we should not go to these places? Before I was a Christian, I would always frequent these places as I love socialising, music and dancing. I decided to do a google search by typing in ‘Can Christians go to bars and nightclubs’ and the answers were varied. One Scripture that someone who was against it stood out to me ~ ***Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts (Romans 13:13-14, NKJV).***

I then sought God to see what He had to say on the matter for myself and this is what I believe He spoke - ***“What do I have to say about this? What is your motive? Why are you going? Are you going to drink? Is drinking your god?***

***Are you going to worship the band or do you just like to dance? I look at the heart.***

***These places are designed to feed the flesh. This does not meant that they are inherently bad.***

***Have you set your fruit to holiness? Can you avoid temptations? The temptations will always be there but can you say no?***

***The devil has a field day in these places but does that mean Christians should avoid them? If you have weaknesses and will give in to sin such as drunkenness, lust, debauchery and lewdness then yes, but if you can withstand all these things and are going to celebrate a special occasion and can keep yourself clean then it is not a sin to enter these places.***

***Are they unholy? The places themselves are not unholy, it is the practises that take place in them that are unholy. Food is served in many of these establishments and friends and families can sit and enjoy a meal together.***



***What is my advice to you? Avoid them unless it is a special occasion. It has nothing to do with anyone else, it is between Me and you. I look at the heart."***

Now I will only be at them if I am celebrating dinner and dancing for something special like an anniversary or birthday. I will have a couple glasses of wine but avoid drunkenness which is described as 'affected by alcohol to the extent of losing control of one's faculties or behaviour'. My non-Christian friends still go quite often and invite me, but I do not want to frequently enter into places that give glory to the devil nor establish patterns that focus on the things of the world.

**(PRAYER)** - "In the name of Jesus Christ I repent for unrighteous behaviour that did not reflect godliness such as debauchery, lust, lewdness and drunken antics. I forgive the people who may have cursed me in nightclubs and any other playground of the devil and ask You to bless them. I break all curses that came upon me when entering the devils' playgrounds and command all demons attached to those curses, including demons that came in on drunkenness, lust, lewdness and debauchery to leave in the name of Jesus Christ".

**Post Deliverance Infilling Prayer** - "I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. *(Pray specifically for all ailments)*. I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name. I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all remaining remnants and dross in Jesus name. I command every demon who has access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not re-enter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in Jesus name. I pray for a hedge of protection to be placed around me and for any holes to be repaired in Jesus name. Thank You Father God in Jesus name for delivering me".